

Therapeutic Gardens for Hong Kong

Workshop & Study Tour



Date **Saturday 3 November 2018** (Workshop)
Approximately April 2019 (Study Tour)

Time **8:45 am to 5:00 pm**

Venue **Hong Kong University of Science and
Technology - Lecture Theatre 'G' [LTG]**

Price **Free of charge**



Register now for the Workshop

Online Registration Form: <https://goo.gl/kfjNYu>



About the Event

There is a large and increasing body of scientific evidence demonstrating the psychological and physiological health returning to gardens designed to therapeutic principles, especially for older people. As Hong Kong's population ages, the demand from the private and public sector for therapeutic garden will grow. Developing a greater awareness of the scientific justification, applications of, and demand for therapeutic garden design will enhance the standards and external competitiveness of Hong Kong's landscape architects. This workshop will be the first of a two-part event on this series. This one-day workshop will be led by international experts drawn from private practice and academia to present the 'state-of-the-art' in the field of therapeutic gardens in terms of application, scientific justification and future demand. The second part will be a study tour of therapeutic gardens in Kyoto led by one of the world's leading experts in the field. This will be a rare opportunity for landscape architects and other interested professionals to increase exchanges and co-operation with colleagues in external markets, and Japan in particular.



Event schedule

Time	
0845-0900	Registration
0900-0910	Stuart Gietel-Basten, Karl Herrup, Seiko Goto: Welcome and overview of PASS-funded project
0910-0930	Stuart Gietel-Basten: Therapeutic gardens and the demand for healthy environments for Hong Kong's ageing population

Session 1: Asian therapeutic garden design

0930-1010	Seiko Goto: The therapeutic Japanese garden – an overview
1010-1050	Eijiro Fujii: Latest findings on cognitive characteristics of Japanese gardens
1050-1130	Minkai Sun: Asian therapeutic gardens – an historical overview
1130-1200	Visit to HKUST Japanese garden for dementia sufferers (led by Stuart Gietel-Basten and Seiko Goto)
1200-1300	Lunch break

Session 2: Japanese gardens in an international context

1300-1340	Kendall Brown: The history of therapeutic Japanese Gardens in America
1340-1420	Kimberley Andrews: Therapeutic Japanese Gardens in contemporary America
1420-1450	Coffee break

Session 3: Therapeutic gardens in practice

1450-1530	Yutaka Hamano: Therapeutic gardens and horticulture therapy – A case study of Wakaba Nursing Home
1530-1610	Goyu Tazo: Therapeutic gardens in Japan – Practical design and commercial issues

Session 4: Round-table discussion

1610-1700	Round table discussion between speakers and participants.
1700	End



About the speakers

Stuart Gietel-Basten

Associate Professor of Social Science and Public Policy, HKUST

Karl Herrup

Chair Professor of Life Sciences, HKUST

Seiko Goto

Professor of Landscape Architecture Design, Nagasaki University

Eijiro Fujii

Professor Emeritus, Department of Environmental Science and Landscape Architecture Faculty of Horticulture Chiba University, Chiba, Japan.

Minkai Sun

Researcher, Kyushu University, Fukuoka-shi, Fukuoka, Japan

Kendall Brown

Art Department, California State University Long Beach, Long Beach, CA.

Kimberley Andrews

Director of Shofuso Japanese House and Garden Philadelphia, Pennsylvania, USA

Yutaka Hamano, MD

Director of Hamano Hospital and Wakaba Nursing Home, Japan

Goyu Tazo

Head Gardener, Teiken Co., Nagasaki, Japan

Proposed itinerary for Study Tour of Kyoto (curated by Professor Seiko GOTO, Nagasaki University) (Date to be confirm)

Day 1: Arrival in Kyoto

Day 2: Zen Temples

- Tenryu Temple
- Ryoan Temple
- Golden Pavilion

Day 3: Gardens for observation

- Nijo Castle
- Daitoku Temple
- Daisen-in
- Koto-in
- Ryugen-in

Day 4: Imperial gardens (Morning); Networking event (afternoon)

Day 5: Leave Kyoto

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